5 1. A contoured infant nursing pad comprising: a base;

multiple retaining walls coupled to the base for retaining an infant on the base;

a front safety ridge coupled to the base for 10 retaining the infant in an optimal nursing position and for preventing a mother from rolling onto the infant; and

a first and second breast shelf located on the base, each breast shelf on opposite sides of the front retaining wall and located at an opening in the base perimeter between the front safety ridge and one of the multiple retaining walls;

wherein an infant placed on the base and facing the breast shelf can access a breast placed on the breast shelf.

- 2. The contoured infant nursing pad of claim 1 further 20 comprising a recess in the base adjacent to each breast shelf for accommodating an infant's shoulder and arm.
- 3. The contoured infant nursing pad of claim 2 wherein the base further comprises a slightly inclined infant headrest adjacent to the breast shelf for aligning an infant's mouth toward the breast shelf.
- 4. The contoured infant nursing pad of claim 1 wherein the front safety ridge comprises a curved transition from a top 30 of the front safety ridge to the base for accommodating an

infant's belly curvature.

5. The contoured infant nursing pad of claim 1 wherein the base is rectangular.

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6. The contoured infant nursing pad of claim 5 wherein the multiple retaining walls comprise a back support retaining wall on the rectangular base opposite the front safety ridge for keeping the infant from rolling backward off the base.

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- 7. The contoured infant nursing pad of claim 6 wherein the multiple retaining walls further comprise a first side retaining wall coupled to the back support retaining wall and a second side retaining wall coupled to the back support retaining wall, the first and second side wall for retaining the infant on the base.
- 8. The contoured infant nursing pad of claim 5 wherein the front safety ridge comprises a curved transition from a top 20 of the front safety ridge to the base for accommodating an infant's belly curvature.
 - 9. The contoured infant nursing pad of claim 1 wherein: the base comprises a flexible elastic material;
 - the multiple retaining walls comprise the flexible elastic material; and

the front safety ridge comprises the flexible elastic material.

30 10. The contoured infant nursing pad of claim 9 wherein

the flexible elastic material comprises polyurethane foam.

- 11. The contoured infant nursing pad of claim 1 further comprising
- 5 a cover over the contoured infant nursing pad for providing comfort and facilitating cleaning.
 - 12. The contoured infant nursing pad of claim 11 wherein the cover further comprises
- a plurality of pockets on the cover for holding items within easy reach of a mother using the contoured infant nursing pad.
- 13. The contoured infant nursing pad of claim 12 wherein the cover further comprises a plurality of pockets on the cover adjacent to the back support retaining wall for holding items within easy reach of a mother using the contoured infant nursing pad.
- 20 14. The contoured infant nursing pad of claim 12 wherein the cover further comprises a plurality of pockets on the cover adjacent to an outer side of at least one of the side retaining walls for holding items within easy reach of a mother using the contoured infant nursing pad.

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- 15. A contoured infant nursing pad comprising:
 - a rectangular base;
- a front safety ridge coupled to the rectangular base for retaining the infant in an optimal nursing position and for greventing a mother from rolling onto the infant;

a back support retaining wall on the rectangular base opposite the front safety ridge for keeping the infant from rolling backward off the base;

a first side retaining wall coupled to the back support retaining wall for retaining the infant on the base;

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a second side retaining wall opposite the first side retaining wall coupled to the back support retaining wall;

a first breast shelf located on the base, the first breast shelf located on a first side of the front safety ridge and located at an opening in the base perimeter between the front safety ridge and the first side retaining wall;

a second breast shelf located on the base, the second breast shelf located on a second side of the front safety ridge and located at an opening in the base perimeter between the front safety ridge and the second side retaining wall;

wherein an infant placed on the base and facing the breast shelf can access a breast placed on the breast shelf.

16. The contoured infant nursing pad of claim 15 further 20 comprising:

a first recess in the base adjacent to the first breast shelf for accommodating an infant's shoulder and arm; and

a second recess in the base adjacent to the second 25 breast shelf for accommodating an infant's shoulder and arm.

17. The contoured infant nursing pad of claim 15 wherein the base further comprises a slightly inclined infant headrest adjacent to the breast shelf for aligning an infant's mouth toward the breast shelf.

- 18. The contoured infant nursing pad of claim 15 wherein the base, front safety ridge, back support retaining wall, first side retaining wall, and second retaining wall comprise polyurethane foam.
 - 19. The contoured infant nursing pad of claim 15 further comprising:
- a cover over the contoured infant nursing pad for 10 providing comfort and facilitating cleaning; and a plurality of pockets on the cover.
- 20. The contoured infant nursing pad of claim 15 wherein the front safety ridge comprises a curved transition from a top of the front safety ridge to the base for accommodating an infant's belly curvature.